

SIGNAL[®] SAFETY

BULLETIN

"The Safety of Employees is an Investment in Success"



May 2010 Volume I Issue V

I2P2 = Safety Guiding Principles

I2P2?? Sound like Star Wars, or a teenager texting? Well I2P2 is both as old as Star Wars and as new as texting. It is short for Injury and Illness Prevention Program (IIPP) which has been regaining a lot of interest from Federal OSHA recently. Fed OSHA encouraged employers to have a Safety and Health program since their inception in 1970 and used this criterion to allow reduction of fines after inspections. In 1989 they developed Safety and Health Program guidelines. These guidelines encouraged employers to institute and maintain a program which provided systematic policies, procedures, and practices that were adequate to recognize and protect their employees from occupational safety and health hazards. The guidelines identified four major elements of an effective program: Management commitment and employee involvement; worksite analysis; hazard prevention and controls; and safety and health training. In 1995, the first meetings were held to make the guidelines an official standard. The rulemaking process fell apart and the standard was never issued. Fast forward to 2010, and the new OSHA Administrator, David Michaels, is once again considering the guidelines for rulemaking and a formal future Federal OSHA standard for all employers. Stakeholder meetings are currently being scheduled for June in New Jersey, Texas and Washington, DC.

The new standard will use the 1989 S+HP guidelines as a baseline. Other voluntary guidelines and consensus standards will also be used to assist in the rulemaking process. Other guidelines and consensus standards include the following: ANSI/AIHA Z-10 Occupational Health and Safety Management Systems; OHSAS 18001; and OSHA's Safety and Health Achievement Recognition Program (SHARP).

The good news! Signal has been ahead of the curve on these issues and taken necessary actions to assist Members in compliance and surpassing expectations to achieve World Class Safety programs. Signal introduced the Safety Guiding Principles in **2002** for all Members. These Principles closely match all of the above guidelines and consensus standards. As a follow-up in **2003**, Signal developed the Executive Safety Leadership Seminar that was presented to Signal Member executives and senior management in all the major ports around the US and continue to be conducted to date. In **2004**, Signal introduced a comprehensive sample Safety and Health Program model that was placed on our website for easy access by Members. In **2005**, Signal developed an in-depth automated management audit tool called Safety Evaluation for Employers (SEE Audit). In **2006** Signal introduced a Safety Management Systems sub-committee component to the Signal Safety Committee. From **2007 to present**, all of the above has been upgraded, improved and expanded to include various seminars and resource materials to assist Members in further developing their Safety and Health Management Program.

If you would like further information regarding I2P2 try the following website:
www.dol.gov/federalregister/htmlDisplay.aspx?DocID=23834&AgencyID=17.

Planning Your Summer Vacation?

A small amount of advance planning can bring peace of mind while on the road. Traveling with family can help you and the kids bond, but it may also have its pitfalls without advance preparation.

The U.S. Centers for Disease Control and Prevention offers these travel safety suggestions for families:

- Examine your hotel or motel for potential hazards, such as sharp corners on furniture, unprotected electrical outlets or shaky balcony railings.
- Allow children to take regular naps, as they normally would at home.
- Bring clothing that's weather-appropriate to make sure you and your family are protected and comfortable.
- Prevent sunburn by having all family members apply sunscreen. Also, avoid prolonged exposure to the sun when it's hottest between 10 a.m. and 4 p.m.
- Make sure water is safe for swimming.
- Keep children away from unfamiliar animals.
- Make sure hands and toys are washed frequently with soap and water.

To prevent ear discomfort while on a plane, provide young children with a pacifier or bottle. Bigger kids and adult can chew some gum.

Source: www.healthfinder.gov



24. Delegate And Advance

Delegation of duties and responsibilities probably saves more wear and tear on the supervisor and leader than any other tool of supervision. Why push around a ponderous truckload of small details when the help of others is better for all and far better for your own self-advancement?

No one person can do everything and do it well. As long as you are in control, buckle down to the big job—the performance of your function as a leader. Remember, someone delegated to you when you were made a supervisor.

Proper delegation requires three things of the supervisor: planning, organizing and follow-up. Decide how the work should be divided so there are no gaps and the areas delegated don't overlap causing confusion and resentment among subordinates. Choose the people who can be counted on to get the job done according to their experience, capabilities and their willingness. Prove your confidence in your people by allowing them the necessary freedom to perform the work you have assigned. Follow up with encouragement, make certain things are going smoothly and clarify questions.

You are in the driver's seat, and it calls for a lot of self-discipline. Your reputation depends upon the performance of your group. Develop the habit of looking for leadership in others. Be on the lookout for people in your department who can assume additional responsibilities. With a well-organized crew behind you, you can out-produce competition and show your capacity for bigger responsibilities.

The 26 “Points for the Successful Supervisor” will continue in future bulletins.

Source: www.safetyinfo.com

Electrical Safety in the Workplace



Over the last 10 years, more than 46,000 workers were injured from on-the-job electrical hazards. These types of injuries are not isolated to any one industry or one field of work. It could happen to anyone when they least expect it. It could even happen to you. Fortunately, you have a choice to protect yourself from these threats.

Your choice matters.

During the work day, a worker is hurt every 30 minutes so severely from electricity that it requires time off the job. Recovery from electrical shocks and burns is slow and painful. But, it could be worse. Nearly 300 workers die from on-the-job electrical injuries each year. Your choice affects families, friends, colleagues and YOU.

Here is how you can choose safety every day:

Deenergize – Deenergize – Deenergize.

Power down whenever possible. Working on energized equipment greatly increases your risk of injury and death.

Lock out/Tag out & Test before you touch.

Each worksite is dynamic. Following these key principles can prevent shock or worse.

Arc Flash prevention & Personal Protective Equipment (PPE).

In the blink of an eye, an arc flash can forever change your life. Protect yourself by choosing the appropriate equipment for the job.

Job Planning & Work Permits.

Assess the hazards and define the tasks each job will entail. Never work energized unless it is necessary.

Source: www.esfi.org

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SIGNAL NAWA

Annual Maritime Conference Fairmont Chicago Millennium Park Hotel Chicago, IL June 3-4, 2010

Combining their individual commitments to providing quality education for maritime professionals Signal and the [National Association for Waterfront Employers](#) have created a unique learning experience for the Chicago conference. Attendees are invited to “Go Back to School” and investigate the history, intent and language of the Act that is rooted squarely in maritime law. From there the speakers will examine current legal and medical trends. When the bell rings on day two of the program the classroom will buzz with presentations that consider the impact of new economic realities on the practice.

For more information please go to Signal’s website at www.signalmutual.com or contact Jennifer Pappas at jennifer.pappas@signal-ctc.com.



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Please share the successful safety accomplishments of your Company and employees. It will help us continue as the Premier USL&H Insurance Organization in the maritime industry. Email your submissions to Nancyann Griesemer Flood at nancyann.flood@signal-ctc.com.

If you would like to receive this newsletter, please e-mail Nancyann Griesemer Flood at nancyann.flood@signal-ctc.com. Please include your full name, Company name, e-mail address and telephone number

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